

# Control the Controllable

## What I want

The thing I'd like to have happen is .....

.....  
.....

## Making it happen

Things I can control

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

Things outside my control

.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....  
.....

Things I can do to influence

.....  
.....  
.....  
.....  
.....

Things I need to avoid

.....  
.....  
.....  
.....  
.....